

# Davidson County Resource List

## **ADULT DAY CARE**

### **Alzheimer Association-Area Chapter**

**Phone: 1-800-272-3900**

24-hour information line.

### **Carolina SeniorCare / PACE Program**

802 East Center Street, Lexington, NC 27292

**Phone: (336) 746-3500**

**Toll-Free: 1-888-351-7227**

**[www.carolinaseniorcare.org](http://www.carolinaseniorcare.org)**

**Hours:** Monday-Friday: 8:00am – 5:00pm

PACE is a program of all-inclusive care for elderly age 55 and over.

### **Elizabeth and Tab Williams Adult Day Center**

231 Melrose Street, Winston-Salem NC

**Phone: (336) 724-2155**

### **The Life Center of Davidson County**

601 W. Center St., Lexington, NC 27292

**Phone: (336) 249-2155**

Adult day care and day health for older and impaired adults; Monthly Caregiver Support Group.

### **Piedmont Triad Regional Council**

**Phone: 294-4950**

### **Triad Adult Day Care Center**

409-A East Fairfield Rd, Suites A&B, High Point, NC 27263

**Phone: (336) 431-1537**

### **Emanuel Senior Enrichment Center**

1401 Heathcliff Road, High Point

**Phone: (336) 882-6613**

Provides: daytime care & activities for frail elderly; respite for caregiver.

### **Western Carolina Chapter**

**Phone: 1-800-888-6671**

4615 Dundas Drive, Suite 103, Greensboro, NC 27407

## **AGRICULTURE EXTENSION**

Educational information - Financial counseling, economics, & agriculture

301 E. Center St., Lexington, NC 27292 **Phone: (336)242-2080**

## **AIDS/HIV**

### **HIV/AIDS Treatment Information Service**

**[www.aidsinfo.nih.gov](http://www.aidsinfo.nih.gov)**

**Phone: 1-800-448-0440**

### **Positive Wellness Alliance**

400 E. Center St., Lexington, NC

**Phone: (336) 248-4646**

## **AIDS/HIV (continued)**

### **National Hotline**

**Phone: 1-800-342-2437**

### **Triad Health Project**

620 English St., High Point, NC

**Phone: (336) 884-4116**

### **National STD/AIDS Hotline**

**Phone: 1-800-227-8922**

## **ALCOHOLISM**

### **Alcoholics Anonymous, Al-Anon**

**Phone: (336) 249-6636**

### **Alcohol / Drug Council of NC:**

**Phone: 1-800-688-4232**

Hours M-F 8am-6pm, answering service after hours  
Information and Referral Services for NC.

### **Cardinal Innovations**

**Phone: 1-800-939-5911** for 24-hour-7 day a week services.

**[www.cardinalinnovations.org](http://www.cardinalinnovations.org)**

### **Daymark**

1104-A South Main Street, Lexington, NC 27292

**Phone: (336) 242-2450**

**[www.daymarkrecovery.org](http://www.daymarkrecovery.org)**

Outpatient continuum of care with DWI services, short-term and long-term groups and intensive outpatient; access to detox

### **Path of Hope Inc.**

1675 E. Center St. Ext. (PO Box 1824) Lexington, NC 27292

**Phone(s): (336) 248-8914**

**[www.apathofhope.org](http://www.apathofhope.org)**

Inpatient treatment for male & female substance abusers.

## **AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)**

### **AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)**

**Phone: 1-800-687-2277**

**1-800-342-2277 (Spanish)**

**1-877-434-7598 (TTY)**

A non-profit organization that serves those over 50 whether retired, semi-retired, or employed by providing representation, education, community service programs and direct member benefits

## **ARC OF DAVIDSON COUNTY**

1900 S. Main Street, Lexington, NC 27292

**Phone: (336) 248-2842**

[www.arcdavidson.org](http://www.arcdavidson.org)

“The Arc of Davidson County is committed to securing for all people with intellectual and developmental disabilities the the opportunity to choose and realize their goals of where and how they learn, live, work and play.”

## **BLIND AND VISUALLY IMPAIRED**

### **EyeCare America**

**Phone: 1-877-887-6327**

**24/7 Crisis Line: 1-800-222-3937**

[www.aao.org/eyecare-america](http://www.aao.org/eyecare-america)

Offers free eye care services to U.S citizens or legal residents age 65 and older who have not seen an ophthalmologist in the last 3 years or more, and do not belong to an HMO or have veterans' vision care. Does not cover the cost eyeglasses, prescription drugs, hospital services or fees from other medical professionals.

### **NC Library for Blind and Physically Handicapped**

1841 Capital Boulevard, Raleigh, NC 27635

**Phone: (919) 733-4376**

**Toll-Free: 1-888-388-2460**

[www.statelibrary.ncdcr.gov/lbph](http://www.statelibrary.ncdcr.gov/lbph)

Hours: Monday-Friday: 8:00am – 5:00pm

Circulates books and magazines especially made for persons who cannot use regular printed materials because of a visual or physical disability.

### **NC Lions Clubs** (Helps with Glasses)

7062 Camp Dogwood Drive, P.O Box39, Sherrills Ford, NC 28673

**Phone: 1-828-478-2135, ext. 223**

**Toll-Free: 1-800-622-7401, ext. 223**

[www.nclionsinc.org](http://www.nclionsinc.org)

Hours: Monday-Friday: 8:00am – 5:00pm

Services and programs for the blind and visually impaired, including cost of purchasing glasses, exams, and surgeries; services and programs for the prevention of vision loss, and programs to provide aid to NC citizens.

### **Services for the Blind, Davidson County**

913 North Greensboro Street, Lexington, NC 27292

**Phone: 336-474-2709. (Leave message if no answer)**

[www.ncdhhs.gov/dsb/contacts/swbcontacts.htm#davidson](http://www.ncdhhs.gov/dsb/contacts/swbcontacts.htm#davidson)

Provides information and services to the blind and visually impaired.

## **CANCER**

### **American Cancer Society**

702 Albert Pick Road, Greensboro, NC 27409

**Phone: 336-834-0844, 1-800-227-2345**

Information, education, volunteer opportunities, services, donations and memorials.

### **Cancer Information Service**

**Phone(s): 1-800-422-6237**

### **Cancer Services of Davidson County**

25 W. 6<sup>th</sup> Ave., Lexington, NC 27292.

**Phone(s): (336) 249-7265**

### **Duke Cancer Institute**

**1-888-275-3853**

### **Leukemia and Lymphoma Society/NC Chapter/Triad Chapter**

Patient support and information programs

401 Harrison Oaks Blvd. Suite 200, Cary, NC 27513

**Phone: 919-367-4100**

### **NC Chapter-Charlotte Chapter**

4530 Park Road, Suite 240, Charlotte, NC 28209

**Phone: 704-705-1850**

## **CARELINE**

### **DHHS Customer Service Center**

**Phone: 1-800-662-7030**

Information, referrals, health and human resources information and referral services.

## **CHILDREN'S SERVICES**

### **Autism Services**

[www.seed.org](http://www.seed.org)

Link to resources at national and state level as well as for counties to help identify what might put children at risk for Autism Spectrum Disorder

**1-866-633-8003**

### **Boys and Girls Club of Thomasville**

**Phone(s): 336-472-2800**

309 Etta Lane

Thomasville, NC 27360

**Office Hours:** M-F 9am-5pm

Offers prevention oriented programs for needy youth after school, evenings and during the summer, including tutoring, character building, education, drug prevention, family life skills and education.

### **Children's Developmental Services Agency (CDSA):**

**Amos Cottage.** Coordinating agency for Early Intervention Services. Children are evaluated by a team of experienced child development specialists, to determine eligibility for the Infant-Toddler Program (ITP). The CDSA also houses the KIDS EAT program for children with feeding disorders.

**Phone(s): (336)713-7412**

**Children with Special Health Care Need Helpline**

DHHS Office: 2001 Mail Service Center, Raleigh, NC 27699-2000  
**1-800-737-3028**

Information and referral for children with disabilities.

**Communities in Schools of Lexington**

**Phone(s): (336)242-1520**

6 B East 4th Street  
Lexington, NC 27292

**Office Hours:** M-F 8:30am-5pm

**Communities in Schools of Thomasville**

**Phone(s): (336)474-4233**

400 Turner Street  
Thomasville, NC 27360

**Office Hours:** M-F 8am-5pm

Links at-risk students with mentors and assists in bringing resources into the schools (including school supplies, clothing, and medical referrals). Provides college, career and scholarship counseling for high school students.

**Davidson County Child Support Recovery Unit**

**Lexington Office:** 913 Greensboro St. Lexington, NC 27293

**Phone: (336)242-2500**

**Thomasville Office:** 211 West Colonial Drive, Thomasville, NC 27360

**Phone: (336)474-2760**

Assist in obtaining court ordered child support payments from an absent parent.

**Family Health Resource Line**

**Phone: 1-800-367-2229**

**Smart Start of Davidson County**

306 E, US Hwy 64 Lexington, NC 27292

**Phone(s): (336)249-6688**

**Gateway Education Center**

3205 E. Wendover Ave. Greensboro, NC

**Phone: (336)375-2575**

Services help children, their families and service providers select and use the appropriate tools based on a child's individual needs. This center can provide consultation and technical assistance to families and programs, equipment loans and demonstration, resource library and training workshops.

**Head Start**

Child development program, ages 6 weeks to 4 years.

710 Cotton Grove Road, Lexington, NC 27292

**Phone: 336-248-5718**

406 Duke Street, Thomasville, NC 27360

**Phone: 336-475-4700**

**Dept. of Public Safety—Juvenile Justice**

Information & referral; file juvenile petitions, court counselors.

Phone(s): (336)249-2197

**Davidson County Dept. of Social Services**

Child Protective Services

**Phone: 336-242-2500**

**American Children's Home –**

3844 NC Hwy 8 South, Lexington, NC 27292

Administrative Office: **Phone: (336)357-7126**

### **Baptist Children's Home**

204 Idol St. Thomasville, NC 27360

**Phone: 336-474-1200**

### **School Readiness-Parents as teachers**

Provides timely information on child development. It involves parents in parent-child activities that encourage language development, intellectual growth, social development and motor skill development.

**Phone: (336)472-4666**

### **Youth Villages**

4160 Piedmont Parkway, Greensboro, NC 27410

**Phone: 336-931-1800**

[www.youthvillages.org](http://www.youthvillages.org)

Youth Villages provides in-home services to youth, families, and young adults in Davidson County. The YV Life Set program supports former foster youth and other vulnerable youth ages 16-22, to identify their goals and guide them as they strive to finish high school or earn a GED, apply for college, find suitable and stable housing, learn money management skills, find and maintain employment, access community resources, and establish life-long connections with caring adults. Youth Villages' MST program provides intensive family therapy.

## **CLERK OF COURT**

**Phone(s): (336) 242-6700**

110 W Center Street

Lexington, NC 27293-1064

Clerk of Superior Court: **Phone: (336)242-6701**

Civil Matters: **(336)242-6704**; Criminal Matters: **(336)242-6703**; Estates: **(336)242-6705**;

Juvenile: **(336)242-6709**; Passports, fines, court costs, special proceedings, jury, mental commitments, court dates, small claims and records of such: **(336)242-6706**

## **COMMODITY DISTRIBUTORS**

### **Co-operative Community Ministries:**

10 West Guilford Street, Thomasville, NC 27360 **Phone: (336) 476-1842**

**His Laboring Few Ministries:** Provides furniture and clothing. 812 Martin Luther King Dr Thomasville, NC 27360 **Phone: (336)475-2455**

**North Lexington Baptist Church:** 201 Mize Rd., Lexington NC 27295 Tuesday 4-6:00 pm  
**Phone: (336)248-6285**

**The Pastors' Pantry:** Provides assistance with food for Seniors, Seriously ill, or Disable Adults  
307 N. State Street, Lexington

**Phone: (336)249-8824**

**Salvation Army:** 314 West Ninth Avenue, Lexington; **336-481-7324**

**South Davidson FRC:** 338 West Salisbury Street, Denton **(336)859-5399**, fax: (336)859-3093

**West Davidson Food Pantry:** 4600 Old Hwy 64 West-Reeds Crossroads: **(336)787-4357**

**Greater Things Outreach Center:** 6282 Old Hwy 52 N, Lexington, NC 27295

**Phone: 336-619-0171**

## **COMMUNITY ACTION**

911 South Talbert Blvd. Lexington, NC 27292

**Phone(s): (336) 249-0234**

1410 Lexington Ave, Thomasville, NC 27360

**Phone: (336) 313-0726**

Provides a comprehensive service to certain low and moderate income persons who desire to become self-sufficient. Also provides housing counseling and a food pantry.

## **CONSUMER INFORMATION**

**Better Business Bureau of NC - (336) 852-4240**

**Lexington Area Chamber of Commerce: 507 East Center Street, Lexington, NC 27292**

**Phone: 336-248-5929**

**Philanthropic Advisory Service - (703)276-0100**

**National Charities Info. Bureau - (212)929-6300**

**Consumer Credit Counseling Service - (336)764-2323**

**Financial Pathways of the Piedmont -7820 N. Pointe Blvd, Suite 100 Winston-Salem, NC**

**27106 Phone: (336)896-1191**

**Consumer Product Safety - (800)638-2772**

**National Fraud Information Center -**

**(800)876-7060**

**N C State Attorney General & Consumer Protection Agency - (877)566-7226**

## **COUNSELING AND SUPPORT SERVICES**

**Daymark Recovery Services, Inc. – 1104 A South Main Lexington, NC 27292**

**Phone: (336)242-2450**

**Daymark Mobile Crisis Dispatch -1-866-275-9552**

**Green Center of Growth and Development**

DWI, Drug and Alcohol Assessments, Marriage and Family counseling, Out-Patient Treatment

26 W. First St., Lexington NC

**Phone: (336)224-2203**

634 National Hwy., Thomasville, NC **Phone(s): (336)472-4459**

**High Point Behavioral Health**

**Phone: 336-878-6098**

**Family Services of Davidson County Inc. Domestic violence and Sexual Assault Counseling Center, 1303 Greensboro Street Ext, Lexington 27295. **(336)249-0237****

**Lifeskills Counseling Center - Substance Abuse Assessments and Treatment, Individual Counseling, Anger Management Treatment, Domestic Violence Counseling: 9 West Third Street, Lexington, NC **Phone: (336)224-0863;****

1001 S Marshall Street Suite 262, Winston Salem, NC **Phone: (336)631-8904**

**Lifeworks-Behavioral Health Services** Free confidential assessment/screening & referral, medical detoxification, inpatient chemical dependency services. 612 Mocksville Ave. Salisbury NC 28144

**Phone: (704)210-5302**

**Cardinal Innovations: 1-800-939-5911**

## **CRISIS ASSISTANCE**

### **Cooperative Community Ministry**

10 W. Guilford, Thomasville, NC 27360

**Phone(s): (336)476-1842**

**Crisis Ministry of Davidson County** - Food bank. **Office Address:** 112 E 1<sup>st</sup> Ave. **Mailing Address:** 107 E 1<sup>st</sup> Ave Lexington, NC 27292 **Phone(s): (336) 248-6684**

**Family Resource Centers (FRC)** - Food bank

**Fairgrove FRC** - Intensive family services, clothes closet, GED, limited transportation, parents as teachers program, & family empowerment. 159 Myrtle Drive, Thomasville, NC 27360

**Phone(s): (336)472-7217**

**South Davidson FRC** - (Smart Start) 338 West Salisbury St. Denton, NC 27239

**Phone(s): (336)859-5399** or Fax (336)859-3093

**911** - Provides ambulance service for Davidson County. Also provides information about emergency preparedness for natural and other disasters. Lexington: **(336)242-2000, ext. 2743**  
Thomasville: **(336)475-1305**

**American Red Cross** - Provides assistance to individuals in emergency disaster/fire situations & reaching military personnel in case of emergency

16 East Center Street, Lexington, NC 27292 **Phone(s): (336)248-2205**; Thomasville and High Point: 815 Phillips Ave, High Point NC 27262 **Phone(s): (336)885-9121**

**Salvation Army** - Provides assistance with payment of rent, utilities, medicines, & food. Clothing voucher, Boys and Girls Club for Children. **Phone(s): (336)481-7324**

**Social Services** - 913 Greensboro Street, Lexington; (336)242-2500; 211 Colonial Drive, Thomasville; (336)474-2760

## **DAVIDSON COUNTY 4-H PROGRAM**

**Phone(s): (336) 242-2085**

301 East Center Street

Lexington, NC 27292

**Office Hours:** M-F 8am-5pm

**Eligibility:** Youth ages 5-19.

A non-formal educational program offered to help children develop living skills necessary to participate as active citizens. Utilizes research based curriculum and attitudes. Programs are offered through in-school classes and out-of-school settings as well.

## **DAVIDSON COUNTY ANIMAL SHELTER**

**Phone(s): (336) 357-0805**

490 Glendale Road

Lexington, NC 27292



**Office Hours:** M-F 10am-5pm - After hours, call 249-0131  
Stray animal pick up  
**Fees:** Adoptions: \$95 for dogs and \$75 for cats.

## **DAVIDSON COUNTY COMMUNITY COLLEGE**

### **Davidson County Community College**

**Phone(s):** (336) 249-8186, Davie Campus: (336) 751-2885  
297 DCC Road, Thomasville, NC 27360

**Office Hours:** M-Tu, 8am-7pm; W-F, 8am-5pm

Davidson County Community College is a comprehensive provider of workforce education and training for individuals and employers in the county. Opportunities include classes to improve basic literary skills, provide job skills and knowledge, lead to associate degrees, diplomas and certificates in a wide variety of program areas, and prepare for transfer to senior colleges and universities. In addition to a wide variety of courses, workshops, seminars, and programs which are scheduled each term in response to community needs, the college provides custom-design job training programs to meet specific needs of employers. Support services such as counseling, career planning, child care, financial aid, job placements, testing, tutoring and veterans to assist students.

### **Adult Basic Education (ABE) Classes**

**Phone(s): (336) 249-8186**

297 DCC Road  
Thomasville, NC 27360

**Office Hours:** M-Tu, 8am-7pm; W-F, 8am-5pm

Adult Basic Education (ABE) is designed to instruct adults of all ages who did not complete their education through the public schools.

**Eligibility:** Adults age 18 and older who did not complete their education through the public schools

### **English as a Second Language (ESL)**

**Fees:** None.

**Eligibility:** Adults age 18 and older and whose native language is not English.

### **General Education Development (GED)**

**Eligibility:** Adults age 18 and older and who did not complete their education through public schools.

**Intake procedure:** Registration through the admissions office.

### **Real Education Achievements for Life Program (Get Real)**

## **DAVIDSON MEDICAL MINISTRIES CLINIC**

**Phone(s): (336) 243-7475**

420 N. Salisbury Street, Lexington, NC 27292

**Office Hours:** M, W, Th 8-5; Tu 8-8 Closed 1-2 for lunch

**Thomasville Clinic: Phone(s): (336)474-4585**

611 Randolph St. Thomasville, NC 27360

**Office Hours:** M, W, Th 8-5; Tu 8-8; F 8-1

**Pharmacy Info Line:** (336) 243-3214

**Lexington Hours:** M-Th 8-5, Closed 1-2 for lunch, Fri. 8-1

**Thomasville Hours:** M, W 11-12:45; Tu, Th 2:30-4:45

**Dental Care: Phone: (336) 243-3201**

**Office Hours:** M-Th 8-5, Closed 1-2 for lunch, Fri. 8-3

**Eligibility:** Davidson County resident, under 200% federal poverty level for household size, uninsured for medical/dental/prescription service.

**Intake procedure:** Eligibility appointments made prior to other services. Must provide proof of monthly income and expenses.

## **DIABETES**

**American Diabetes Association, NC Affiliate** – 1300 Baxter St. #150 Charlotte, NC 28204  
**1-800-342-2383**

**Juvenile Diabetes Research Foundation** -  
216 W. Market St. Suite B, Greensboro, NC 27401  
**(336) 373-1768**

**DIALYSIS CENTER, Thomasville** -10 Laura Lane, Thomasville, NC **(336)472-4500**

**DIALYSIS CENTER, Lexington** – 233 Anna Lewis Drive Lexington, NC 27292  
**(336) 248-6808**

## **DOMESTIC VIOLENCE**

**Family Service Center of Davidson County** -Shelter & counseling for victims of abuse. 24-hour crisis line, information & referral, court advocacy, & education - 1303 Greensboro Street Ext, Lexington, NC 27295 **(336)249-0237**,  
Hattie Lee Burgess House -**Crisis Line (336)243-1934**

## **EMPLOYMENT**

**Goodwill CareerConnections:** 719 W. Center Street Lexington, NC 27292,  
**Phone: 336-236-8020**

**NC Works Career Center** – Program assists with Assessment of skills, job search assistance, resume preparation, job listings, career planning and development, connection of high school completion and GED, occupation skills, training for specific career, literacy skills and unemployment claims.

Lexington Office: 220 E. 1<sup>st</sup> Ave Ext, Suite 10, Lexington, NC 27295 **Phone(s): (336)242-2065**  
211 W. Colonial Dr. Suite 119 Thomasville NC 27360 **Phone(s): (336)474-2655**

**Employment Security Commission of NC** -

103 W Center St Ext., Lexington NC 27295

**Phone(s): (336)248-2326**

211 W Colonial Dr. Thomasville, NC 27360. **Phone(s): (336)472-3116**

**Vocational Rehabilitation** - 414 Piedmont Dr. Lexington, NC 27295

Phone(s): (336)249-0241

## **EMERGENCY NUMBERS**

**Lexington Police Department (Non-Emergency):** (336) 243-3302

**Thomasville Police Department (Non-Emergency):** (336) 475-4260

**Denton Police Department (Non-Emergency):** (336) 859-2164

**Sheriff Department (Non-Emergency):** (336) 242-2100

**State Highway Patrol:** (336)249-0247

**Carolinas Poison Center:** 1- (800) 222-1222

**911 Emergency:** 911

## **HABITAT FOR HUMANITY**

Home ownership opportunities for lower income families.

**Lexington Habit for Humanity** - Contact Deborah C. Conrad (336) 249-4307, PO Box 543, Lexington, NC 27293

**Thomasville Habit for Humanity** - Contact Greg Rice (336)476-7900, PO Box 1072, Thomasville, NC 27361

## **HEALTH DEPARTMENT**

**Phone(s):** (336) 242-2300

915 Greensboro Street

Lexington, NC 27292

**Office Hours:** M-F, 8am-5pm

**Phone(s):** (336) 474-2780

203 Old Lexington Rd

Thomasville, NC 27360

Appointment line for clinics in Thomasville and Lexington

**Phone(s):** (336) 242-2510

Adult Health / health promotion program; child health programs; children's special health service; communicable disease control program; daycare inspection and regulations; family planning program; food, lodging and institutional sanitation program; health promotion program; immunization program to children and adults; inspection program - residential care; manufactured home parks and travel trailer parks program; milk sanitation program; prenatal program; public swimming pool program; rabies control program; school health program; sewage disposal program; sexually transmitted disease program; sickle cell program; solid waste program; support services for sudden infant death syndrome; tuberculosis program; vital statistics program; water supply program; WIC program.

**Fees:** Fees are determined by the services provided.

**Eligibility:** Davidson County residents. Some services are provided based on individual/family income.

## HEARING

**Better Hearing Institute** – 202-975-0905

**Davidson County Services for the Deaf & Hard of Hearing** - Help to get hearing aids, sign language, job counseling, interpreters, TTY, fax machine. 8 Franklin St, Lexington, NC 27292  
**Phone(s):** (336)899-8331, Fax (336) 224-0116, TTY (336) 224-5048

**Telecommunication Equipment Distribution Program (TEDP)** – Provides hearing aids to those who qualify. Contact the Greensboro Regional Resources Center (336)273-9692 or (888)467-3413

**Hearing Impairment** - 800-638-8255

**Hear Now** - Provides hearing aids & cochlear implants. Also collects & recycles used hearing aids. 800-648-4327

**Relay North Carolina** - Telephone communication service for deaf & hard of hearing. voice - 800-735-8262; TT - 800 735-2962

**TTY Directory Assistance** - 800-676-3777

## HOME HEALTH AGENCIES

**HOME HEALTH AGENCIES** - nursing, home health aides, social work, personal care services, therapy.

**Advanced Health** - 800-868-8822

or 883-8822 (High Point)

**Amedisys Home Health** - (336) 472-4449

**Apria Health Care** - 800-766-1111 or 632-9556

**Bayada Home Health Professionals** - (336) 249-0382

**Bayada Nurses** - (336) 723-1000

**Comfort Keepers** - Non-medical in-home care licensed provider of CAP & PCS services. 512 Klumac Rd., Suite 9 Salisbury, NC 28146 or 1932 Fleming Rd. Greensboro NC 27410

**Phone(s):** (704) 332-3240 or (336) 252-4429

**Encompass Health** - (336) 249-7813

**Hospice and Care Connection** - (336) 889-8446

**Interim Health Care** – 2100 Cornwallis Dr. Ste T Greensboro NC 27408 (336) 273-4600 or (800) 967-6997

**Kindred at Home** – 888-417-2525 fax 800-729-0858

**Liberty Home Care & Hospice** – 1007 Lexington Ave. Thomasville NC 27360 (336) 472-1080

**Maxim Health Care Services** – (336) 852-3148 200 Centre Port Dr. Ste 300 Greensboro NC 27409

**Medi Home Health and Hospice** – 315 S. Talbert Blvd. Lexington NC 27292 (336) 248-8212

**Nursefinders of Winston-Salem Inc.** – 1411 Plaza West Rd. Ste A Winston Salem NC 27103 (336) 794-4013

**Personal Care Inc.** – 809 Green Valley Rd. Ste 103 Greensboro 27407 (336)274-9200

**Piedmont Christian Home** – High Point (336) 883-6023

**Premier Home Health Care Services** – 2783 NC Hwy 68 S Ste 101 High Point NC 27265 (336)889-4569

## HOMELESS SHELTERS

**Bethesda Center:** 930 N Patterson Ave. Winston Salem NC (336) 722-9951 Men and women

**Davidson County: Crisis Ministries Adult and Family Shelter:**

**Office Address:** 112 E 1<sup>st</sup> Ave Lexington NC 27292

**Mailing Address:** 107 E. 1<sup>st</sup> Ave. Lexington, NC 27292

**Phone(s):** (336)248-5930 or (336)248-6684 AM & PM meals only

**Greensboro: Weaver House** (336) 553-2665; 305 West Gate City Blvd. Greensboro, NC.

Noon meals; singles only

**High Point: Open Door Shelter** - 400 N Centennial St. High Point, NC 27262 (336) 885-0191  
males only, temporary basis

**Rescue Mission** - 717 Oak St. Winston Salem NC 27101 (336)723-1848 - 3 meals, men only,  
90 day rehab.

**Salvation Army** - 1255 N Trade St. Winston-Salem NC 27102 (336)722-8721 Forsyth residents  
only, no single men, food & clothing

**Samaritan Ministries** -414 East N. Blvd. Winston-Salem NC (336)748-1962 men's shelter,  
soup kitchen Mon.- Sat. 11-1, Sun. 12-2

**Salisbury: Rowan Helping Ministries** - 226 N. Long St. Salisbury, NC 28144 (704)637-6838  
Mainly Rowan county residents/families meals

## **HOSPICE**

Provides care, equipment, funding, and assistance to terminally ill patients and their families

**Hospice of Davidson County** – 200 Hospice Way, Lexington NC 27292 (336)475-5444,  
(800)768-4677 [www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

**Hospice of the Piedmont** - 1801 Westchester Dr. High Point NC 27262 (336)889-8446  
[www.hospiceofthepiedmont.org](http://www.hospiceofthepiedmont.org)

**Liberty Home Care & Hospice** -1007 Lexington Ave Thomasville, NC 27360 (336)472-1080

**Trellis Supportive Care** - 101 Hospice Lane, Winston-Salem, NC 27103

**Phone(s):** (336) 768-3972 or 888-876-3663

## **HOSPITALS**

**Forsyth Medical Center** - 3333 Silas Creek Parkway, Winston-Salem, NC 27103  
(336)718-5000

**High Point Behavioral Health** - 601 N Elm St. High Point 27262 (336)878-6098; (800)525-  
9375(Parkside)

**High Point Medical Center/WFBH** - 610 N. Elm St. High Point, NC 27262 (336)878-6000

**Moses Cone Hospital and Cone Health** – 1200 N. Elm St. Greensboro, NC 27401 (336) 832-  
7000

**Novant Health Forsyth Medical Center** - 3333 Silas Creek Parkway, Winston-Salem NC  
27103 (336) 718-5000

**Novant Health Rowan Medical Center** - 612 Mocksville Ave., Salisbury, NC 28144 (704)210-  
5000

**Novant Health Thomasville Medical Center** - 207 Old Lexington Rd, Thomasville, NC 27360  
(336)472-2000

**Randolph Hospital** - 364 White Oak Drive, Asheboro, NC (336)625-5151

**VA Hospital – Salisbury W. G. Hefner Salisbury Dept. of Veteran Affairs Medical Center** -  
1601 Brenner Ave., Salisbury, NC 28144 (704) 638-9000 [www.salisbury.va.gov](http://www.salisbury.va.gov)

**Wake Forest Baptist Health** -Medical Boulevard, Winston-Salem, NC 27157 (336)716-2011  
[www.wakehealth.edu](http://www.wakehealth.edu)

**Wake Forest Baptist Health Lexington Medical Center** - 250 Hospital Drive, Lexington, NC 27292 (336)248-5161 [www.wakehealth.edu](http://www.wakehealth.edu)

## **HOUSING**

**Green Hill Apartments** - Persons 62 years of age or older. 309 E. Ninth St., Lexington, NC 27292 (336)249-2568

**Grimes School Apartments** - Housing for elderly (55 or older) or handicapped. 27 Hege Dr., Lexington, NC 27292 (336)248-8775

**Habitat for Humanity** Lexington 336-249-4307; Thomasville (336)476-7900

**Hilltop Terrace Apartments** - 111 Carolina Ave., Lexington, NC 27292 (336)248-2868

**Kidron Korner** – Elderly 62 and older mobility impaired physically handicapped. 500 Swing Dairy Rd., Lexington, NC 27295 (336)248-2298 Tuesday and Thursday 8:30 am – 4:30 pm.

**Lexington Housing Authority** - Provides public housing for low income people. (Section 8) Apartments at: Eastview; Helen Caple; South Side Village. Office: Eastview Terrace - 1 Jamaica Dr, Lexington, NC 27292 (336)249-8936 TDD Assistance 336-249-8936

**Mt. Moriah Manor** – Elderly 62 and older or mobility impaired (4 units only). 202 Robert Floyd Dr., Lexington, NC 27295 (336)248-4612 Mon, Wed, Fri 8:30 am- 5:00 pm.

**Thomasville Housing Authority** - Provides public housing for low income people. (Section 8) Apartments at: Bisch Court, Dedmond Court, James Avenue, and Liberty Arms (elderly) Office: 201 James Ave., Thomasville, NC 27360 (336)475-6137

**Tomlinson Hill Apartments** - Rentals for person 62 years of age or older and low income. 305 Pineywood Rd., Thomasville, NC (336)472-7853  
Tuesday and Thursday 8:30am-4:30pm

## **IN-HOME SERVICES**

**Vocational Rehab and Independent Living Rehab Program** Works with eligible individuals with significant disabilities. Provides guidance counseling, personal care, rehabilitation engineering, home & vehicle modification, housing information & placement, some equipment purchases. Serves Davidson, Davie, Forsyth, Stokes, Surry, and Yadkin Counties. 1510-B Martin St., Suite 201 Winston-Salem, NC 27103 (336)784-2700

**Solutions for Independence** - Center for Independent Living; Gateway to information for persons with disabilities; 3650 Patterson Avenue, Suite B, Winston-Salem, NC 27105 (336)767-7060 or toll free at 1-866-894-3103

## **INFORMATION & REFERRAL CARELINE**

**Information & Referral or complaints** – NCDHHS Careline 1-800-662-7030 open 7 a.m. to 11 p.m., 7 days a week.

**DIAL -Davidson Information & Assistance Line** database of human service agencies. Tel-Med tape library 602 S. Main St., Lexington, NC 27292 **Phone(s):** (336)242-2005

**Senior Services** - Lexington; (336)242-2290 Thomasville; (336) 474-2754

**Social Services** - Lexington; (336)242-2500

**NC Department of Insurance** - Consumer Service

**Phone(s):** 855-408-1212

Life & Health, Property & Causality Specialist who assist individuals with insurance companies that are having problems with getting their claims processed.

**Seniors' Health Insurance Information Program (SHIIP)**

**Phone(s):** 855-408-1212

SHIIP is a division of the NC Department of Insurance that provides free unbiased information and one-on-one counseling to assist when making decisions regarding the new Medicare Modernization Act.

## **INSURANCE**

**NC Department of Insurance** - Long-term Care Insurance; Consumer Service- 855-408-1212

**Seniors' Health Insurance Information Program (SHIIP)** - 855-408-1212

## **LEGAL AID**

**Legal Aid of North Carolina:** **Phone(s):** (866) 219-5262 (336) 272-0148 122 North Elm Street Suite 700 Greensboro, NC 27401: Offers free civil legal services to low income people in the area of domestic abuse, employment, landlord problems, debt collection, collection of judgments, and repossession.

## **LIBRARY**

Library services and materials, children and youth programs, copier, meeting facilities, AV equipment. Computer and Internet access provided.

**Davidson County Public Library - Denton**

**Phone(s):** (336) 859-2215

310 Denton W. Salisbury St. Denton NC 27239

**Office Hours:** Mon and Thurs 9 a.m.-8 p.m.; Tu and Wed 9 a.m.-6 p.m.; Fri 9 a.m.-5:30 p.m.; Sat. 10 a.m.-2 p.m.

**Davidson County Public Library - Lexington**

**Phone(s):** (336) 242-2040

602 South Main Street, Lexington, NC 27292

**Office Hours:** M-Th 9am-8:30pm; F, 9am-5:30pm; Sa, 9:30am-3pm

**Davidson County Public Library - North Davidson**

**Phone(s):** (336) 242-2050

559 Critcher Road, Welcome, NC 27374

**Office Hours:** Mon and Thurs 9 a.m.-8 p.m.; Tu and Wed 9 a.m.-6 p.m.; Fri 9 a.m.-5:30 p.m.; Sat. 10 a.m.-2 p.m.

### **Davidson County Public Library - Thomasville**

**Phone(s):** (336) 474-2690

14 Randolph Street Thomasville, NC 27361

**Office Hours:** M-Th 9am-8pm; F, 9am-5:30pm; Sa, 9:30am-3pm

### **Davidson County Public Library - West Davidson**

**Phone(s):** (336) 853-4800

Tyro School Rd. Lexington NC 27292

**Office Hours:** Mon and Thurs 9 a.m.-8 p.m.; Tu and Wed 9 a.m.-6 p.m.; Fri 9 a.m.-5:30 p.m.; Sat. 10 a.m.-2 p.m.

## **LIFELINE**

**Hasten Help System** - Provides pendant so that 911 can be called in an emergency. (800)582-3073

**Philips Lifeline** - Provides pendant so that help can be called in an emergency. (855) 214-1370

**Guardian Calling** - The Guardian Call will begin at 8 am and will attempt to call you 3 times in 40 minute intervals. If after the third attempt, and no OK Pass code has been entered, an automatic call will be generated to your emergency contacts. The contacts will receive a message stating that "Guardian Call" was unable to verify the individual's welfare is ok and that the emergency contact will be **required** to respond to the residence to verify welfare. After the message is delivered the contact person will be prompted to verify their response. If response cannot be verified, at this time an officer will be sent to the residence to check the welfare of the subscriber.

<https://theguardiancall.com>

## **LONG TERM CARE FACILITIES**

(Rest Homes/ Homes for the Aged/Adult Care Homes; Family Care Homes/ Group Homes)

**Abbotts Creek Care & Rehabilitation Center** (formerly **SunBridge; Buena Vista**) 877 Hill Everhart Rd., Lexington, NC 27295 (336)248-6644 Fax: (336) 224-0537  
[www.sunbridgehealthcare.com](http://www.sunbridgehealthcare.com)

**Almost Home Group** 902 Kenreed Dr. Thomasville, NC 27360 1 (855) 840-7257

**Brookdale** (Alzheimer's Unit)161 Young Dr. Lexington, NC 27292; PO Box 1733 Lexington NC 27293; (336)238-1700; Fax (336)224-1448

**Brookstone Retirement Center** (Alzheimer Unit) 2968 Salisbury Rd., Lexington, NC 27292 (336)243-2500 Fax (336)243-1201

**Grayson Creek of Welcome** 6781 Old US Hwy 52, Lexington, NC 27295 (336)619-4036 Fax (336)619-4249

**Hilltop Living Center** 212 Plemmons Dr., Linwood, NC 27299 (336)853-8113 Fax: (336)853-8105

**Mallard Ridge** (Alzheimer's Unit, 100 Beds, 16 Special Care) 9420 N Hwy 150, Clemmons NC 27012 (336)775-2205 Fax: (336)775-2207

**Spring Arbor of Thomasville** 915 W. Cooksey Dr. Thomasville, NC 27360 (336)472-7171 Fax: (336)472-8270



## **LONG TERM CARE FACILITIES**

(Intermediate & Skilled Nursing Facilities)

**Abbotts Creek Care & Rehabilitation Center** (formerly **SunBridge; Buena Vista**) 877 Hill Everhart Rd., Lexington, NC 27295 (336)248-6644 Fax: (336) 224-0537  
[www.sunbridgehealthcare.com](http://www.sunbridgehealthcare.com)

**Accordius Health** - 279 Brian Center Dr., Lexington, NC 27292 (336)249-7521

**Alston Brook** (Alzheimer's Unit) 4748 Old Salisbury Road, Lexington, NC 27295 (336)956-1132 Fax (336)956-3112

**Curis Thomasville Transitional Care and Rehabilitation Center** 1028 Blair St, Thomasville, NC 27360 (336) 472-7771

**Lexington Health Care Center** (RH) 17 Cornelia Dr., Lexington, NC 27292 (336)242-1349 Fax: (336)242-1380 TDD Line (336)242-1488

**LONG-TERM CARE OMBUDSMAN** Works with consumers, concerned citizens, nursing & rest homes, & public agencies to enhance the quality of care & life of residents in long-term care facilities. (336)294-4950

**Mountain Vista Health Park** (RH) 106 Mountain Vista Rd., PO Box 1547, Denton, NC 27239 (336)859-2181 Fax: (336)859-4053

**Pelican Health** 1028 Blair St. Thomasville NC 27360 (336) 472-7771

**Piedmont Crossing** (RH) 100 Hedrick Dr., Thomasville, NC 27360 (336)472-2017 Fax: (336)472-8747

**Pine Ridge Health & Rehabilitation** 706 Pineywood Rd., Thomasville, NC 27360 336-475-9116 Fax: (336)475-9120

## **MEALS**

Provide nutritious meals to homebound senior citizens (60 years old or older), who live within our rural serving area and are unable to prepare or obtain an adequate and complete noon-time meal. Meals are delivered by local volunteers Monday - Friday, but not on holidays or during inclement weather. Volunteers provide a daily check and brief friendly visit.

**Fees:** No fees charged.

**Eligibility:** Must be 60+ years, live within our serving area, have inability to obtain or prepare nutritious meals, and be homebound.

**Intake procedure:** Telephone, home visits.

**Service Area:** Davidson County rural communities

**Home Delivered Meals-Davidson County** -

Hot noonday meals are delivered to eligible homebound older adults who are physically and/or mentally disabled to the extent that grocery shopping and food preparation are impossible. Currently have routes in Cotton Grove/Southmont, Denton, Hasty, Holly Grove, North Davidson, Pilot, Reedy Creek/Arcadia, Silver Valley, Tyro/Reeds, Wallburg/Ledford, West Lexington.

**Intake procedure:** Call Sabrina Orman or Ron Bellini.

**Service Area:** Have current routes throughout the county--call for availability

**Meals on Wheels – Davidson County**

**Phone(s):** (336)242-2290

555B W. Center St. Ext.

Lexington, NC 27295

**Office Hours:** M-F, 8am-5pm

**Phone(s):** (336) 474-2754

211 West Colonial Drive

Thomasville, NC 27360

**Office Hours:** M-F, 8am-5pm

**Meals on Wheels of Lexington:** PO Box 1697 Lexington, NC 27293 **Phone(s):** (336)248-4934 **Contact:** Bob Husted

**Meals on Wheels of Thomasville:** PO Box 1821, Thomasville, NC 27360 **Phone(s):** (336) 324-6402 **Contact:** Betty Thompson

## **MEDICAL SUPPLIES**

(Rent and sell)

**Adapt Health** - 713 N. Main St. High Point NC 27262 800-868-8822. 218 N Elm St. Greensboro, NC 27401 (800)868-8822

**American HomePatient Inc.** - 610 N Fayetteville St. Asheboro NC 27203 (336) 318-2779

**American Legion Post 8** - Can provide crutches, wheelchairs, and walkers. (336)249-1437

**Area Pharmacies** (in phone book)

**Carolina Mobility & Seating** – 317 M South Westgate Drive, Greensboro, NC 27407 (336)808-1260

**Co-Care Medical** - 900 N Fayetteville St Asheboro, NC 27203 (336)626-3555

**Easter Seals** - Can provide durable medical equip, access to Beach Ability Supplies, and family support services for those with disabilities. 205 A National Highway Thomasville, NC 27360 (336)476-4554 or 800-662-7119

**Lincare Medical Supply** 1108 Piedmont Dr. Lexington NC 27292 (336) 249-3979

**National Seating and Mobility** - 800 Central Avenue, Charlotte, NC 28204 (704)333-8431 or 800-333-8431

**NC Assistive Technology Program** - to help persons with disabilities get information about assistive devices. 131 Miller St., Winston-Salem, NC 27103. (336)716-8030

**Tyro United Methodist Church** - Loan Closet - (336)853-7459

## **MENTAL HEALTH**

**Cardinal Innovations Healthcare 24 Hour 7 Days a week Crisis Services**

**Phone: 1-800-939-5911**

**Cardinal Innovations Healthcare**

Cabarrus-Davidson-Rowan-Stanly-Union **Phone(s):** (800) 939-5911 for 24-hour services  
**Mental health:** inpatient, outpatient, case management, early childhood intervention, in-home, & day treatment; **mental retardation/developmental disabilities:** outpatient, case management, service coordination, in-home, respite & day program, Community Living Skills; **substance abuse:** detoxification & outpatient services.

**Center for Prevention Services** 1117 East Morehead St. Charlotte NC 28204 **Phone:** (704) 735-7384 [www.preventionservices.org](http://www.preventionservices.org)

Working to strengthen individuals, families, and the community through prevention education and health promotion. Available services include: classroom training, public presentations, community collaboration, and public awareness campaigns for audiences pre-K through senior adults. Most services available at no charge; Servicios disponibles en Español.

Anonymous and confidential drug line available 704-375-DRUG (3784)

**Daymark Recovery Services**

1104 A South Main St. Lexington, NC 27292 **Office Hours:** M-F 8am-8pm **Phone(s):** (336) 242-2450 **Fax:** (336) 249-9920 Mobile Crisis Dispatch: 1-866-275-9552

**Monarch Behavioral Services Inc.** Provides supports and services to people with developmental disabilities, mental illness, substance abuse and co-occurring disabilities. 820 Grimes Blvd Lexington, NC 27292 **Phone(s):** (336)224-6071

**RHA Health Services, Inc.**

Provides support to individuals with mental health, substance abuse, and/or developmental disability needs. 1701 Westchester Dr. Ste 940 High Point NC 27262 **Phone(s):** (336) 885-5090

## **PARKS & RECREATION**

Activities. Helps coordinate Senior Games. **Lexington:** 512 S. Hargrave, Lexington, NC 27292 (336)248-3960; **Thomasville:** 1 East Main St., Thomasville, NC 27360 (336)475-4280; **Davidson County:** 555-D West Center St. Ext. Lexington NC 27292 (336)242-2285.

## **PREGNANCY**

**Alpha Pregnancy Support, Inc.**

**Phone(s):** (336) 272-1218

**Fax:** (336) 272-1218

23 B West Third Street

Lexington, NC 27293-1385

**Office Hours:** Mon, Tu, Wed, Fri 9am-4pm; Thur 9am-5pm

**E-mail Address:** [alpha3@lexcominc.net](mailto:alpha3@lexcominc.net)

Free pregnancy tests, counseling services, support services (clothing, cribs, etc.), referrals for adoption services, supply information regarding pregnancy, abortion, adoption, pre-natal, postnatal and AIDS. Mom's support classes, abstinence education and biblical counseling. All services free and confidential.

## **SENIOR SERVICES OF DAVIDSON COUNTY**

**Lead Agency for Services for Seniors in Davidson County,** home delivered meals, congregate nutrition sites, CAP/DA, in-home aides, care management, information & case assistance, senior games, Family Support Group, monthly senior publication, general advocacy for seniors, educational & social programming.

555-B West Center Street Ext., Lexington, NC 27295 **Phone(s):** (336)242-2290

211 W. Colonial Dr., Thomasville, NC 27360  
**Phone(s):** (336)474-2754

## **SOCIAL SECURITY**

1-800-772-1213. [www.ssa.gov](http://www.ssa.gov)

**Salisbury:** 1840 Jake Alexander Blvd. W., Salisbury, NC 28147 **Phone(s):** (877)405-3157

**Winston/Salem:** 1370 Lockland Ave. Winston-Salem, NC 27103 **Phone(s):** (877)402-0828

**Greensboro:** 6005 Landmark CNTR Blvd Greensboro, NC 27407 **Phone(s):** (877)319-9179

## **SOCIAL SERVICES (DSS)**

**Phone(s):** (336) 242-2500, (336) 474-2760

913 Greensboro Street

Lexington, NC 27292

211 West Colonial Drive

Thomasville, NC 27360

**Office Hours:** M-F, 8am-5pm excluding Holidays

Provides opportunities which assure personal dignity and self-sufficiency for all citizens. Assists individuals and families in reaching these goals through economic support programs which ensure that food, shelter, medical care and other basic needs are met. Social work services promote self-determination, enhance family functioning and protect children and disabled adults from abuse, neglect and exploitation. Advocates for services which improve the quality of life for individuals and families, affirm each individual's worth, and encourage personal responsibility in decision making.

**Emergency assistance:** rent, medicine, utilities, heating, etc.; Eye certifications.

**Adoption and Foster Care:** Assists with adoption; becoming foster care parents;

**Adult:** Rest home/ nursing home inquiries/ placement. In-home aides; Adult Protective Services; Medical Transportation; Services for the Blind; Child Support Enforcement;

Children's Protective Services; Food & Nutrition Services; Information & Referral; Medicaid Program; Subsidized Child Care; Work First Employment; Work First Family Assistance (WFFA): assistance for families and children.

## **SUPPORT GROUPS**

**Alcoholics Anonymous** - (336)249-6636

**Alzheimer's** - Senior Services (336)242-2290

**Cancer Services:** 1-800-228-7421

**Cancer Services of Davidson County:** (336)249-7265;

**Caregiver:** Senior Services (336)242-2290

**For Parents Whose Children have been Sexually Abused** – 1303 Greensboro St. Ext. Lexington NC 27295 (336)243-1934 (Family Services)

**Friendship Club** - for visually impaired, 2nd Saturday of each month 12:00-2:00 PM. Call activity director for place. (336)248-3960 (Parks and Recreation)

**Sexual Assault Response Program** - (336) 243-1934 (Family Services)

## **TRANSPORTATION**

**BRI Transportation** - Providing professional mobility assistance & wheelchair van transportation. (336)558-5715 www.britransportation.com

**Davidson County Transportation Services** Provides transportation to doctor's appointments, grocery, drug store & others for elderly & other agency specified clients. Lexington (336)242-2250

**Express Taxi:** Thomasville (336)472-5553

**PART piedmont authority for regional transportation** - Express Buses & Shuttles. Monday-Friday 6 am to 7pm. **Phone(s)** 336-883-PART(7278)

**Providence Transportation Services** – Non-emergency medical transportation (336) 472-7433

**Social Services - Medical Transportation** Some eligibility requirements. Lexington and Thomasville (336)242-2500

## **UNITED WAY OF DAVIDSON COUNTY**

11 Court Sq. Lexington, NC 27292 **Phone(s):** (336) 249-2532 **Office Hours:** M-F, 8:30am-5pm  
United Way provides support to 31 member agency programs in Davidson County. This support includes financial support (through annual campaign drive); start-up assistance through venture grants; volunteer recruitment through volunteer center functions; and management/financial consultant assistance if requested.

## **VETERAN ORGANIZATIONS**

**American Legion Post 8** Donations to veterans in distress; limited medical equipment loan closet.

206 Wilfred Ave Lexington, NC 27292 (336)249-1437

**Veteran's Benefits** 800-827-1000 (Department of Veteran's Affairs)

**Veteran's Services** Lexington- (336) 242-2037, Hours: 8am-4pm

**Vietnam Veteran Outreach Program** Counseling for veterans & family. 223 S Brevard St, Charlotte NC 28202 (704) 333-6107

## **WORKSHOP OF DAVIDSON**

Work with mental **handicaps (Changed word from retardation to handicaps per SRC 4/22/20)** and physical handicaps. 275 Monroe Rd, Lexington, NC 27292

**Phone(s):** (336) 248-2816

## **YMCA**

**J Smith Young YMCA**

**Phone(s):** (336) 249-2177  
119 West Third Avenue

Lexington, NC 27292

**Office Hours:** M-Th 5 am- 9 pm; Fri 5 am-7 pm; Sat. 7am-6 pm; Sun. 1 pm-6 pm

**Tom A Finch Community YMCA:**

**Phone(s):** (336) 475-6125

1010 Mendenhall Street

Thomasville, NC 27360

**Office Hours:** M-Th, 5:30 am-9:30 pm; F, 5:30am-8pm; Sat, 8am-4pm; Sun, 2pm-6pm

Offers a Wellness Center for members, floor aerobics classes, yoga classes, and water exercise classes. Provide afterschool care and childcare drop-off for workouts. Meeting room facilities are available to members and the public for social gatherings.

**800 & Other Numbers**

**Acadia Treatment Network** - 800-821-4357

**Alcohol/Drug Council of NC** - 800-688-4232

**Allergies/Asthma** - 800-727-8462

**National Alliance for the Mentally Ill (NAMI)** - 800-451-9682

**Alzheimer's Association** - Helpline, 1-800-272-3900, Greensboro 336-285-5920, Winston Salem 336-725-3085

**American Diabetes Association of NC** -  
800-342-2383

**American Foundation for the Blind** – 212-502-7600

**American Heart Association, American Stroke Association** - 800-242-8721

**American Kidney Fund** - 800-638-8299

**American Liver Foundation** - 800-465-4837

**American Lung Association of NC** – 980-237-6611

**Arthritis Foundation** - 800-283-7800

**Auto Safety Hotline** - 800-424-9393

**Bureau of Alcohol, Tobacco & Firearms** - 800-283-4867

**Carolina's Poison Center** - 800-848-6946 -Charlotte

**Center for Missing Persons-NC** - 800-522-5437

**Child Find Hotline** - 800-426-5678

**Child Help** (crisis counseling for abused children & abused adults) 800-422-4453

**CIGNA** (list of physicians accepting Medicare) 800-997-1654

**Crime Stoppers** - 336-243-2400

**Cystic Fibrosis Foundation** - 800-344-4823

**Department of Housing & Urban Development (HUD)** – 336-547-4000

**National Association for Down's Syndrome** – 630-325-9112

**Substance Abuse National Helpline** - 800-662-4357

**Easter Seal Society of NC** - 800-662-7119

**Eldercare Locator** - 800-677-1116 nationwide contacts for services for seniors

**Eli Lilly Indigent Patient Program** -  
800-545-6962

**Epilepsy Alliance of NC** - 800-451-0694

**Epilepsy Information** - 800-642-0500

**Equal Employment Opportunity Commission** 800-669-4000

**Family Support Network of NC** - 800-852-0042

**Federal Tax Information & Assistance**

800-424-3676

**Foster Grandparents Program** – 202-606-5000

**Governor's Advocacy Council for Person's with Disabilities** – 888-268-5535

**Governor's Office of Citizen's Affairs, NC** 800-662-7952

**Home Health Complaint Hotline (NC)**

800-624-3004

**Internal Revenue Service** - 800-829-1040

**Juvenile Diabetes Foundation (JDRF)** - 800-533-2873

**Kidney Foundation - NC Office** – 704-519-0020

**Lawyer's Referral Service of NC** - 800-662-7660

**Lexington Treatment Associates** - (Methadone Treatment Center) 336-224-1919 - 310

Murphy Drive Lexington, NC 27295

**Leukemia Society** - 800-888-9934

**Library for the Blind & Physically**

**Handicapped** – 919-733-4376

**Lupus Foundation** - 800-558-0121

**March of Dimes** information on birth defects 336-723-4386

**MaxiAids** - (Mail-order company specializing in products for independent living) 800-522-6294

**Medicaid Information** - 800-662-7030

**Medicare** – 800-633-4227

Complaints about Care - 800-624-3004

Website: <http://www.medicare.gov>

**Menopause** 800-222-2225

**Muscular Dystrophy** – 312-254-0632

**Multiple Sclerosis** - 800-344-4867;

**Narcotics Anonymous** – 818-773-9999

**National Center for Sight** - 800-221-3004

**National Eye Care Project Helpline** - Provides referrals for free eye exams for people 65 & older on limited incomes who do not have access to an ophthalmologist they have seen in the past 800-222-3937

**National Health Information Center** – health.gov

**National Kidney Foundation** – 800-622-9010

**National Osteoporosis Foundation** – 703-647-3000

**National Parkinson's Foundation** - 800-327-4545

**National Runaway Switchboard** - 800-621-4000

**American Stroke Association** - 800-787-6537

**NC Brain Injury Association** - 800-377-1464

**NC Client Assistance Program** Information about rehabilitation programs in NC 800-215-7227

**NC Department of Insurance** – 855-408-1212

**NC Family Help Resource Line** (pregnancy planning/infant information) 800-367-2229

**NC Lawyer Referral** - 800-662-7660

**NC Lions Foundation** - 800-662-7401

**NC Travel & Tourism Information** -800-VISIT-NC (847-4862)

**NC Wildlife (Violations)** - 800-662-7137

**Neurological Disorders** - 800-352-9424

**Peace Corps** – 855-855-1961

**Prescription Medication Assistance** - <http://www.needymeds.com>

**Sickle Cell Diseases** - 800-421-8453;

336-761-2390

**Simon Foundation for Incontinence** -

800-237-4666

**Spina Bifida Association** - 800-621-3141

**United Cerebral Palsy of NC** - 800-868-3787

**Voices in Action** (Victims of Incest can Emerge Survivors) 800-786-4238

[www.freetranslation.com](http://www.freetranslation.com) (free translation of English text to Spanish)

## **Other Resources – Locally**

Your church, your bank, your physician, your attorney, your pharmacist, your phone book, your police department, your newspaper, your hospital, and your neighbors are also excellent resources!

We hope you will find these sources helpful. This listing is in no way intended to be a complete listing of all the services available in and for Davidson County.

Also, if this information has been confusing and you are not sure where to turn, call Information & Referral -Department of Social Services (DSS) 336-242-2500

## **Revised July 2014 DC-DSS**

If you have corrections or additions, call DSS Adult Services 336-242-2832.

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<b>Facility Name</b>	<b>Staff</b>	<b>Residents</b>	<b>Immediate</b>	<b>Primary Contact</b>	<b>Backup</b>
Brookdale	54	150	76	Elizabeth San Jose 336-239-5071 C 336-239-2687 <a href="mailto:esanjose@brookdale.com">esanjose@brookdale.com</a>	Amanda Dunaway, DON 336-425-7800
Alston Brook	150	100	500	Jimmy Green, Admin 336-956-1132 C 336-596-4918 <a href="mailto:Jimmy_green@alstonbrook.com">Jimmy_green@alstonbrook.com</a>	Renee Comer, DON 336-956-1132
Curis	75	112	0	Michele Lavio, RN-DNS C 813-446-0911	Van Bergstrom, Admin C 910-490-1271 <a href="mailto:Van.bergstrom@curishealth.org">Van.bergstrom@curishealth.org</a>
Genesis	61	64	245	Russell Reid, WHA C 336-688-8056 <a href="mailto:russell.reid@genesishcc.com">russell.reid@genesishcc.com</a>	Christine Issel, DON C 336-940-7211
	147	120	300	Priscilla Vent, Admin	Joni Martin, RN; DON



Mountain Vista				336-859-2181 C 704-796-2045 <a href="mailto:pvint@mtvistahealth.com">pvint@mtvistahealth.com</a>	336-859-2181 C 336-465-1831 Or: Wendy Garner, RN SDC C 336-250-8140
Brookstone	69	115	0	Carlos Garcia, Owner 336-243-2500 C 336-209-1883	Ashley Alverson, Admin 336-243-2500 C 336-209-1879 <a href="mailto:atalverson@brookstoneretirement.com">atalverson@brookstoneretirement.com</a>
Spring Arbor	50	61	50	Audrey Durgin, Admin 336-472-7171 C 704-984-1703 <a href="mailto:oted@hhhunt.com">oted@hhhunt.com</a>	Michael Kariuki, Asst. 336-991-8995 C 336-991-8995
Men's Prison	56	258	200	William Glick, Superintendent, Warden 336-249-7528 C 336-239-5892	Dwayne Baker, Asst. Superintendent 336-249-7528 C 336-309-5805
Column Totals:	397	666	550		
Total:					1613